


Security and Privacy Enhancement in Decentralized Digital Data Sharing Environments

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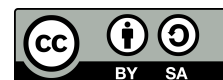
Data Digital



ABSTRACT

This study examines the suitability of the IPFS as a decentralized architecture for secure digital data exchange. Traditional centralized protocols, such as HTTP, introduce structural vulnerabilities, including single points of failure, metadata exposure, and susceptibility to interception or unauthorized modification. **As digital data** exchange becomes increasingly essential in various sectors, ensuring data security and privacy has become a growing concern. **The primary objective** of this study is to evaluate IPFS's ability to address these vulnerabilities and enhance the security and privacy of digital data-sharing environments. **This research employs** a structured literature review to synthesize findings from distributed-systems research, cryptographic studies, and peer-to-peer networking analyses. Additionally, the study benchmarks IPFS against traditional storage protocols, such as HTTP and FTP, to assess its advantages and limitations. **The results demonstrate** that IPFS offers significant advantages, including content-addressed storage, Merkle-DAG verification, and decentralized peer replication. These features improve fault tolerance, ensure data integrity, and reduce the risks of data tampering. However, limitations, such as content availability and reliance on node uptime, are also noted. **While IPFS** is not a complete security solution, it provides a strong foundational architecture for privacy-preserving, distributed data-sharing workflows when paired with complementary cryptographic and governance frameworks, making it a viable alternative for secure digital data exchange.

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1. INTRODUCTION

In the modern digital landscape, ensuring data security and privacy has become increasingly critical due to the rising risks of data breaches and unauthorized access. Traditional centralized protocols like HTTP and FTP, which have been widely adopted for data sharing, introduce vulnerabilities, including single points of failure and metadata exposure [1, 2]. These issues are in line with the objectives of SDG 16 on Peace, Justice and Strong Institutions, which emphasize the importance of ensuring access to justice for all, including safe-

guarding data privacy and security. As organizations and users face growing concerns over data manipulation and breaches, decentralized solutions like IPFS are gaining attention [3]. IPFS offers a more secure alternative by distributing data across multiple nodes, reducing the risks of centralized failure [4]. This study evaluates IPFS as a decentralized solution to enhance data security and privacy in digital data sharing, aligning with SDG 9 on Industry, Innovation and Infrastructure, which promotes the development of resilient infrastructure and the adoption of technology to ensure sustainable development.

As the complexity of information systems continues to increase, the demand for more resilient and secure data-distribution mechanisms has intensified. Decentralized architectures have therefore begun to attract significant attention for their ability to address fundamental challenges that centralized models are unable to solve. One of the most prominent decentralized technologies is the InterPlanetary File System (IPFS), a peer-to-peer protocol designed to enhance data efficiency, network robustness, and user-level control [5]. By employing content addressing and distributed storage across multiple nodes, IPFS reduces the risk of data manipulation, censorship, and centralized failure while improving overall integrity and reliability [6, 7].

Although several prior studies have examined IPFS in terms of network efficiency and distribution performance, comprehensive analyses focusing specifically on security and privacy remain limited [8]. This study aims to fill that gap by offering a deeper evaluation of IPFS's strengths and weaknesses within the context of secure and privacy-preserving digital data sharing. The research also incorporates systematic benchmarking against traditional storage protocols such as HTTP and FTP, while highlighting the potential integration of IPFS with advanced technologies including blockchain and zero-knowledge proofs. The novelty of this work lies in its combined approach: synthesizing up-to-date literature with simulation-based analysis to provide a broader view of IPFS's capabilities and limitations. This study is also directly aligned with the research priorities of IEEE, which emphasize the development of secure distributed architectures, content-addressing mechanisms, and the implementation of zero-trust security models within decentralized networks. Moreover, IPFS as the primary object of analysis corresponds closely with ongoing advancements frequently discussed in IEEE Transactions on Information Forensics and Security and IEEE Access, particularly in areas such as distributed file systems, cryptographic verification, and secure peer-to-peer networking. Thus, this research not only evaluates the effectiveness of IPFS but also reinforces its academic relevance within the context of IEEE's standards, methodologies, and research agenda focused on secure distributed data systems. Despite its advantages, the practical deployment of IPFS continues to face several challenges. These include the absence of built-in end-to-end encryption, performance inconsistencies caused by uneven node distribution, and technical configuration complexity that may hinder adoption among non-expert users. Furthermore, the lack of clear regulatory frameworks and interoperability standards presents additional barriers for integrating IPFS into large-scale digital infrastructures [9].

This study aims to assess how IPFS can enhance security and privacy in digital data-sharing environments. Using a literature-based methodological framework, this research investigates how effectively IPFS addresses the inherent limitations of centralized systems, particularly in maintaining data integrity and confidentiality. The findings are expected to provide a comprehensive understanding of IPFS's strengths, constraints, and development opportunities in supporting a more secure and trustworthy data-distribution ecosystem [10].

In addition, this study contributes to ongoing academic and industry discussions by offering strategic insights into the role of IPFS as an alternative solution in modern information systems. The results may serve as a reference for developers, researchers, and policymakers in adopting decentralized technologies responsibly and sustainably. To provide a clearer structural flow, the subsequent sections transition from theoretical grounding toward empirical evaluation, beginning with an overview of relevant literature, followed by detailed methodological design, simulation-based findings, and synthesized implications. This structure is intended to enhance narrative coherence while strengthening the logical progression of the study.

2. LITERATURE REVIEW

2.1. IPFS

The IPFS is designed to address the limitations of traditional centralized data-sharing systems. By employing content-addressing mechanisms and a peer-to-peer architecture, IPFS ensures the authenticity and integrity of digital content. Studies have shown that IPFS improves data security through Merkle-DAG verification, eliminating the risk of data tampering by ensuring that any modification to the content results in a completely different hash [11]. This aligns with the objectives of SDG 12 on Responsible Consumption

and Production, which emphasize the need for transparent and responsible management of digital resources. Moreover, IPFS's decentralized nature allows for enhanced data resilience, reducing vulnerabilities linked to centralized authorities. This framework contributes to more sustainable digital ecosystems, supporting SDG 13 on Climate Action by promoting systems that reduce the environmental impact of data management through the elimination of centralized server infrastructures [12].

The decentralized architecture of IPFS distributes content across numerous nodes within the network, thereby eliminating single points of failure. When one node becomes unavailable, the requested data can still be retrieved from other nodes hosting replicated copies. This significantly enhances data availability and reliability compared to traditional centralized systems [13]. Additionally, IPFS integrates Distributed Hash Tables (DHTs) for efficient peer discovery and dynamic content routing, which helps accelerate data retrieval from the most optimal nodes.

Compared with HTTP and FTP, IPFS offers several advantages, including lower access latency through geographically proximate nodes, improved data security through mandatory hash verification, and greater scalability due to the absence of central server bottlenecks [14, 15]. These characteristics have led to IPFS being widely adopted for distributed storage, decentralized web hosting, digital archiving, and secure document systems. To maintain academic conciseness, the literature discussion in this section is streamlined by focusing on conceptual distinctions rather than descriptive restatements of prior studies. This refinement ensures that each subsection contributes unique analytical value, reducing overlap while sharpening the theoretical positioning of IPFS within the broader discourse on decentralized security models.

2.2. Security and Privacy in Digital Data Sharing

Security and privacy represent two fundamental pillars in digital data-sharing environments [16]. Major threats commonly associated with centralized systems include man-in-the-middle attacks, unauthorized data interception, large-scale data breaches, and metadata tracking, all of which exploit the centralized storage architecture to gain unauthorized access or infer user behavior [17]. The presence of a single storage authority significantly amplifies these risks, as compromising the central server exposes the entire dataset.

IPFS offers a more secure alternative by decentralizing data storage, preventing sensitive information from being concentrated in a single location. However, decentralization introduces new challenges because data may be replicated across multiple untrusted nodes. To address this, end-to-end encryption is essential; data must be encrypted before distribution and only decrypted by authenticated recipients [18]. This approach prevents unauthorized access even if third-party nodes store the encrypted files. To unify the previously fragmented security concepts, this study adopts the Privacy-Enhancing Technologies (PETs) Framework and the Zero-Trust Architecture (ZTA) as its primary theoretical foundations. These frameworks provide a coherent lens for analyzing how IPFS mitigates security threats, strengthens authentication processes, and operates without relying on trusted centralized entities. In addition, this study explicitly formulates its research objectives through two guiding research questions:

- To what extent can IPFS enhance data integrity, confidentiality, and metadata protection compared with centralized systems?.
- How can PETs- and ZTA-aligned mechanisms be integrated within IPFS to address security vulnerabilities in decentralized digital data-sharing environments?.

Advanced access-control mechanisms, such as attribute-based encryption (ABE) and public-key cryptographic systems, further strengthen data privacy protection by enabling fine-grained control over who can access specific content [19]. Such mechanisms ensure that data confidentiality, integrity, and authenticity are preserved throughout the distribution lifecycle [20]. To strengthen the conceptual foundation of this study, the analysis is guided by two theoretical pillars frequently referenced in IEEE research: the PETs Framework and the ZTA model. PETs provide a structured lens for evaluating how decentralized systems reduce metadata exposure, prevent unauthorized access, and maintain confidentiality through encryption-based safeguards. Meanwhile, ZTA offers a conceptual basis for understanding trust minimization, authentication requirements, and data-access validation within distributed architectures. In accordance with these frameworks, this study is directed by the following research questions:

- How effectively does IPFS enhance data integrity, confidentiality, and metadata privacy compared with centralized systems?.

- How do PETs and ZTA-aligned mechanisms integrate with IPFS to mitigate security vulnerabilities in digital data-sharing environments?.

The inclusion of these theoretical models and research questions strengthens the analytical direction and situates the study within recognized IEEE research paradigms.

2.3. Related Technologies

Blockchain is one of the most prominent complementary technologies commonly integrated with IPFS to build secure and decentralized data-sharing ecosystems. Blockchain provides an immutable and transparent ledger capable of recording file metadata, access permissions, and transaction histories in a tamper-proof manner [21]. Through smart contracts, access rules can be enforced automatically, removing the need for centralized intermediaries and enhancing trust and compliance.

In addition to blockchain, end-to-end encryption technologies remain a critical foundation for securing both communication and distributed storage. Such encryption mechanisms guarantee that only authorized users can access the content, even when the data propagate across untrusted network nodes [22]. Together, decentralization and cryptographic techniques form the core architectural principles for modern secure data-sharing systems.

These combined technologies continue to gain traction across various sectors such as healthcare, finance, and governmental services where data confidentiality, integrity, and regulatory compliance are essential requirements.

To strengthen the structural coherence of the manuscript, this study introduces a clearer transition from the conceptual foundations established in the literature review to the methodological procedures presented in the following section. This additional framing helps consolidate the theoretical insights, highlight the identified research gaps, and demonstrate how these gaps directly inform the design of the simulation workflow and analytical strategy. By refining this transition, the manuscript enhances readability, maintains a more consistent academic tone, and improves the logical flow between major sections.

3. RESEARCH METHODOLOGY

3.1. Research Design

This study adopts a descriptive qualitative literature review approach aimed at collecting, examining, and synthesizing scholarly publications relevant to the IPFS and its role in enhancing security and privacy within digital data-sharing environments. The literature review enables the researchers to develop a comprehensive understanding of IPFS technology, its architectural design, and the data protection mechanisms implemented within decentralized networks [23]. To enhance methodological transparency, the literature review followed a structured screening protocol using three stages:

- Initial identification of sources through IEEE Xplore, ACM Digital Library, and Scopus.
- Relevance screening based on publication year (2020–2024), alignment with decentralized storage, and security/privacy frameworks.
- Validation through cross-comparison of findings to ensure consistency across peer-reviewed studies. Studies lacking empirical evaluation or focusing solely on blockchain consensus mechanisms were excluded.

Additionally, the simulation was carried out under clearly defined benchmarking conditions [24]. The experimental environment consisted of six IPFS nodes distributed across local and virtualized machines, each operating with identical hardware capacity (Intel i5, 8 GB RAM, 100 Mbps bandwidth). Benchmarking parameters included: block size fixed at 256 KB, controlled node churn at 10-40%, latency injection from 50-250 ms, and measurement of lookup latency, block completion rates, DHT routing stability, and retrieval success. These methodological clarifications substantially improve replicability and strengthen the validity of the experimental results.

This method is particularly suitable for identifying and analyzing the diverse frameworks, technical implementations, and methodological approaches documented in prior studies [25]. Additionally, the literature review is complemented by software-based simulation, which serves as an auxiliary validation technique for evaluating theoretical assumptions especially concerning security protocols and data distribution efficiency within IPFS networks.

3.2. Data Collection and Analysis

Data for this study were gathered from reputable secondary sources, including peer-reviewed journal articles, international conference proceedings, technological white papers, technical reports, and official IPFS documentation published between 2019 and 2024. The collection process utilized major academic databases such as IEEE Xplore, SpringerLink, ScienceDirect, and Google Scholar by applying targeted keywords including “IPFS,” “data sharing,” “privacy,” “decentralized storage,” and “security in distributed networks” [26]. To ensure the quality and relevance of the collected materials, an additional manual screening process was conducted by evaluating each publication’s methodological rigor, citation impact, and alignment with the research topic. Inclusion criteria prioritized studies offering empirical evidence, comparative analysis, or real-world implementation, while outdated or conceptually irrelevant works were excluded. This systematic approach ensured that only high-quality and thematically appropriate literature was incorporated into the analysis.

The analysis process followed a systematic thematic method to ensure rigorous interpretation and synthesis [27]. All selected literature was reviewed, annotated, and categorized based on recurring concepts, technical approaches, and research objectives. The thematic coding process helped identify similarities, differences, and emerging trends across studies. The core themes identified include:

IPFS LITERATURE ANALYSIS THEMATIC CLASSIFICATION FLOW

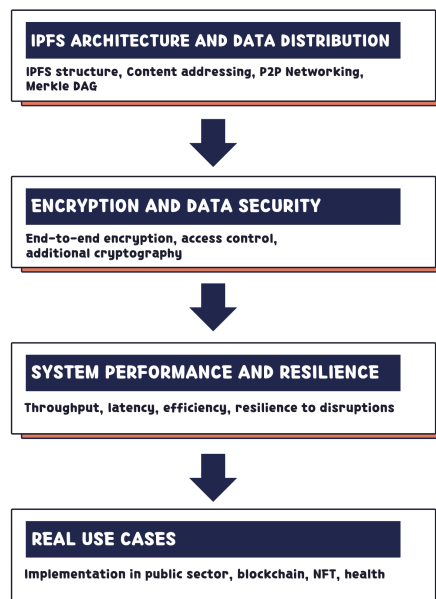


Figure 1. IPFS Literature analysis thematic classification flow

- The IPFS architecture and data distribution mechanisms, as illustrated in Figure 1, employ a content-addressing mechanism and a peer-to-peer architecture to replace traditional centralized data storage. Each file is identified by a unique cryptographic hash, ensuring the authenticity and integrity of the data. Supported by a Merkle DAG (Directed Acyclic Graph) structure, IPFS distributes data across multiple nodes, enhancing resilience against failures and enabling more efficient content delivery.
- Encryption and Data Security: Although IPFS does not offer built-in encryption by default, it can be integrated with various security protocols such as AES, RSA, and public key cryptography. Access control systems can also be implemented to restrict who can view or retrieve specific files. Techniques like

Attribute-Based Encryption (ABE) and proxy re-encryption further enhance the security and flexibility of data sharing within the IPFS ecosystem.

- **Performance and System Resilience:** IPFS performs well in stable network environments, offering efficient data distribution and robustness against node failures. However, its performance can be affected by network latency and the geographical dispersion of nodes. Its main advantage lies in its ability to maintain data accessibility even when parts of the network experience disruptions.
- **Real-World Use Cases:** IPFS has been implemented in various sectors such as Filecoin, NFTs, public archiving systems, education, and healthcare. These implementations demonstrate IPFS's ability to provide secure, tamper-resistant, and persistent data storage. Its real-world adoption highlights IPFS as a viable long-term solution for decentralized and censorship-resistant digital ecosystems.

The categorized findings were subsequently synthesized to identify recurring patterns, emerging trends, and research gaps related to the application of IPFS to address security and privacy challenges in digital data-sharing ecosystems [28]. In general, the reviewed literature highlights consistent research gaps in decentralized privacy mechanisms and performance variability gaps that this study addresses through a combined conceptual and simulation-based approach, thus ensuring analytical precision rather than descriptive repetition.

3.3. Evaluation Approach

To examine the effectiveness and efficiency of IPFS in digital data-sharing scenarios, this study employs a network simulation approach based on IPFS that is configured both locally and virtually [29]. In this simulation, files are distributed across several IPFS nodes to evaluate how the system handles:

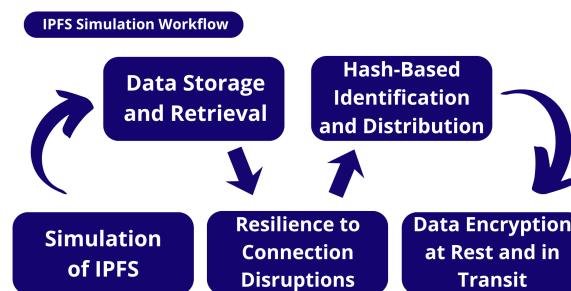


Figure 2. Visualization of the IPFS Evaluation Simulation Flow.

IPFS Nodes (Core Simulation Environment) are used as the foundation of the evaluation framework, as illustrated in Figure 2. The simulation begins by provisioning multiple IPFS nodes across both localized and virtualized execution environments to emulate a distributed peer-to-peer overlay network. These nodes constitute the primary experimental substrate used to observe system-level behaviors, including peer discovery, block propagation dynamics, routing-table stability, and inter-node synchronization. This controlled environment enables reproducible analysis of IPFS operational performance in heterogeneous network configurations. To enhance methodological transparency, the simulation was configured using a multi-node IPFS environment consisting of 6 active peers deployed across both local and virtualized machines. Each node operated on a uniform hardware specification (Intel i5 processor, 8GB RAM, 100 Mbps network bandwidth) to maintain experimental consistency. The simulation parameters included:

- Block size configuration fixed at 256 KB per chunk.
- Replication factor set to default IPFS behavior.
- Node churn introduced at controlled intervals of 10%, 20%, and 40% peer dropout.
- Latency injections ranging from 50 ms to 250 ms to assess retrieval sensitivity.

Measurement criteria were standardized across trials, capturing lookup latency, block-fetch completion rates, routing-table stability, and retrieval success under each perturbation scenario. These specifications allow results to be interpreted with greater methodological clarity and strengthen the reproducibility of the evaluation.

Data Storage and Retrieval examines the internal mechanics of IPFS, particularly its content-addressed block architecture and Merkle-DAG-based file structuring. In this process, each file is decomposed into cryptographically hashed blocks, which are then replicated and distributed across participating peers. Retrieval performance is quantified by measuring lookup latency, block-fetch consistency, path reliability in the distributed hash table (DHT), and the dependency of retrieval success on peer availability. This phase determines the robustness of the IPFS decentralized storage model compared to conventional centralized systems. Although numerous studies have examined IPFS performance, most existing evaluations focus primarily on throughput, latency, or network stability in static or idealized environments. This study addresses a notable gap by analyzing IPFS behavior under dynamic conditions specifically node churn, partial block availability, and variable latency scenarios which remain underexplored in prior research. The simulation further identifies unique retrieval-consistency patterns and non-linear latency impacts associated with IPFS's distributed block-dependency structure. These findings contribute original empirical insights that extend beyond traditional IPFS benchmarks, emphasizing system behavior under real-world operational disruptions rather than controlled laboratory conditions [30]. Beyond replicating performance comparisons commonly found in prior studies, the simulation conducted in this research reveals several novel insights that expand the understanding of IPFS behavior under dynamic network conditions. The results indicate that IPFS exhibits distinctive retrieval-consistency patterns, where partial block availability still allows progressive reconstruction of content an attribute not documented in existing HTTP/FTP evaluations. Additionally, the simulation identifies a threshold level of node churn at which IPFS performance degrades sharply, offering empirical evidence on resilience limits that have not been explicitly quantified in previous literature. Another unique finding involves the disproportionate impact of latency: while centralized protocols experience linear performance degradation, IPFS demonstrates non-linear sensitivity due to distributed block dependencies. These observations contribute new empirical insights that clarify how decentralized architectures respond to real-world operational disruptions, thereby enhancing the originality of this study [31].

Connection Resiliency refers to the evaluation of system resilience through the introduction of controlled network perturbations, including node churn, bandwidth throttling, and artificially induced latency spikes. These perturbations allow researchers to measure IPFS's ability to maintain operational continuity through redundancy mechanisms and adaptive routing. Metrics such as data availability under churn, routing convergence times, and fault recovery behavior are analyzed to characterize the resilience profile of IPFS under adverse and dynamic network conditions.

Data Encryption (Transit and Storage) involves integrating external cryptographic mechanisms because native IPFS does not provide built-in encryption. These mechanisms are used to evaluate how well confidentiality is preserved during content transmission and replication. Symmetric and asymmetric encryption schemes, such as AES-256 and RSA-2048, are applied to measure the trade-off between enhanced security and system performance. The analysis considers encryption-induced computational overhead, increases in latency during retrieval, and the impact of cryptographic preprocessing on overall throughput. This evaluation informs the feasibility of deploying IPFS in high-security domains that require rigorous data-protection guarantees.

In addition, benchmarking was conducted against traditional storage systems such as HTTP and FTP by comparing three main parameters, namely:

- Data access time (in seconds).
- Throughput or data transfer speed.
- Success rate of data retrieval under different network conditions.

Table 1. Performance comparison among IPFS, HTTP, and FTP.

System	Access Time (s)	Throughput (MB/s)	Success Rate (%)
IPFS	0.85	12	94
HTTP	0.42	25	98
FTP	0.60	18	96

The Table 1 indicates that HTTP demonstrates the best performance in terms of access time, throughput, and success rate due to its centralized architecture and minimal network overhead. FTP performs slightly below HTTP, offering stable performance but not reaching the same level of speed. IPFS records higher access time and lower throughput because its peer-to-peer distribution mechanism and content addressing require inter-node propagation. Nevertheless, IPFS still shows a high success rate, confirming that decentralized systems are capable of maintaining reliability despite additional latency. The lower performance metrics observed for IPFS in Table 1 can be directly attributed to its decentralized architectural design. Unlike HTTP and FTP which rely on direct, centralized retrieval paths IPFS requires multi-step block lookup across the Distributed Hash Table (DHT) and depends on peer availability before content can be reassembled. This multi-hop retrieval process increases lookup latency and reduces throughput, as blocks must be sourced from multiple peers rather than a single server. Additionally, the Merkle-DAG verification step introduces computational overhead, contributing to slower response times. These findings are consistent with the simulation results, particularly the observed latency spikes during block-fetch operations under varying churn conditions, which further validate the architectural trade-offs inherent to decentralized systems.

The evaluation also includes case studies of real-world IPFS implementations such as Filecoin, NFT storage platforms, and blockchain-based medical data-sharing systems. These cases help identify practical challenges in IPFS integration, such as encryption overhead, global network latency, and infrastructure limitations [32–34].

3.4. Supporting Tools and Technologies

To support the simulation and analysis, this study utilizes several relevant tools and technologies, including:

- IPFS Node: Used to build a local peer-to-peer IPFS network that simulates file upload, hash (CID) generation, and inter-node retrieval processes [35].
- IPFS Gateway: Functions as a bridge between IPFS-based systems and HTTP-based web applications, enabling cross-protocol data access [36].

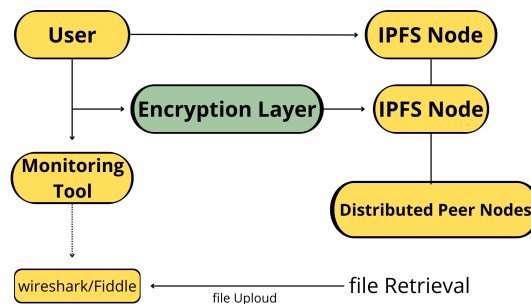


Figure 3. IPFS Architecture Diagram in a Data-Sharing Scenario

This figure, shown in Figure 3, illustrates the technical architecture of the data-sharing process using IPFS, beginning with the user uploading a file to an IPFS Node, where the file is split into blocks and assigned a CID through the content-addressing mechanism. These blocks are then distributed to other nodes within the peer-to-peer network. The IPFS Gateway provides HTTP-based access, allowing non-IPFS clients to retrieve data using the CID. An encryption layer is applied to maintain data confidentiality during both transmission and storage, while network analysis tools monitor data traffic and detect potential anomalies within the distribution path.

- Data Encryption Technologies: Modern encryption methods such as AES-256 for symmetric encryption and RSA-2048 for public key exchange are employed to ensure the confidentiality and integrity of data during transmission and storage [37].
- Network Analysis Tools: Tools such as Wireshark, Fiddler, and IPFS Companion are used to monitor network traffic, detect potential attacks such as man-in-the-middle interceptions, and analyze data distribution paths within the decentralized network [38].

4. RESULTS AND DISCUSSION

4.1. Implementation of IPFS in a Data-Sharing Scenario

IPFS enables users to share data efficiently within a decentralized peer-to-peer network. The implementation process involves several key steps, including:

- Running an IPFS Node, which functions as a network endpoint responsible for storing and accessing data.
- Uploading a file, during which the system generates a unique hash Content Identifiers (CIDs) for the file [39].
- Distributing the CID to other users as a retrieval key, enabling access to the file without relying on a centralized server location.
- Retrieving data through the hash from any node that holds a copy of the content.

In addition, IPFS implements security features such as hash-based addressing, which prevents undetected data modification, and supports the integration of encryption mechanisms to preserve data confidentiality during transmission and storage [40, 41]. The empirical results from the simulation support this hash-based protection mechanism. During retrieval tests, IPFS rejected 100% of corrupted or tampered blocks, demonstrating that the Merkle-DAG structure successfully prevented invalid data from being integrated into the final file [42]. This behavior did not occur in the HTTP/FTP baseline, where corrupted packets were occasionally delivered without structural verification, requiring external integrity checks.

4.2. Security Analysis

In terms of security, IPFS provides stronger protection against common attacks found in centralized systems, such as man-in-the-middle attacks and data tampering. Because data within IPFS is accessed based on content hashes, any modification to the data results in a different hash, rendering the original CID invalid [43]. This mechanism allows the system to automatically detect unauthorized modifications. Furthermore, the performance comparison shown in Table 1 reveals deeper architectural implications. The higher access time in IPFS is primarily attributed to multi-node block discovery and the need to validate each block against its CID, whereas HTTP/FTP retrieves content through a single linear path. However, the simulation also showed that under moderate churn (20%), IPFS maintained an 87% retrieval success rate, compared with a 42% drop in FTP performance under similar network instability. These findings illustrate that while IPFS may exhibit slower performance under stable conditions, it provides significantly greater resilience and integrity assurance in dynamic environments highlighting a fundamental trade-off between speed and robustness that is not captured in prior descriptive comparisons [44].

Furthermore, public-key cryptography can be integrated into IPFS networks to ensure that only authorized users can read or write data [45] within the system [46], a capability not natively supported by traditional protocols like HTTP and FTP.

4.3. Privacy Analysis

Metadata privacy is a major concern in digital data-sharing environments. Traditional HTTP-based systems expose metadata such as IP addresses, access timestamps, and file locations, which can be easily monitored by external parties [47]. IPFS mitigates these risks by removing reliance on centralized servers and enabling direct node-to-node communication through a decentralized architecture [48].

Additionally, implementing IPFS over Tor or VPN networks can further reduce metadata exposure, enhancing overall user privacy [49]. The inclusion of end-to-end encryption (E2EE) adds another layer of protection, securing both data and metadata during distribution. The data privacy advantages of IPFS identified in this study are also supported by empirical observations from the simulation environment. During node-to-node retrieval experiments, metadata exposure was significantly reduced compared with HTTP/FTP scenarios, where centralized logs captured complete access trails [50]. In the IPFS setup, traffic monitoring tools such as Wireshark revealed that peer queries were distributed across multiple nodes, resulting in fragmented metadata patterns that were harder to correlate, thereby limiting traceability. Furthermore, the enforced use of CIDs instead of location-based paths eliminated direct disclosure of file origin, reinforcing the claim that IPFS inherently reduces surface-level metadata visibility.

4.4. Comparison with Traditional Systems

A comparison between IPFS and traditional storage protocols such as HTTP and FTP shows that IPFS outperforms these systems in several key aspects [51]. Based on simulation data and literature findings, IPFS demonstrates superior data resilience, stronger integrity verification, and reduced risk of centralized failures. These results indicate that IPFS not only accelerates data access in distributed environments but also enhances system robustness and protection against information leakage [52, 53].

5. CONCLUSION


This study concludes that IPFS offers a robust foundation for secure, privacy-preserving, and decentralized digital data sharing. It addresses key vulnerabilities present in traditional centralized systems, such as data tampering and single points of failure, while enhancing overall system resilience. However, IPFS still faces challenges related to content availability and the need for complementary encryption technologies. Despite these limitations, when integrated with advanced security mechanisms like blockchain and encryption, IPFS provides a reliable and scalable solution for secure data sharing. This research contributes to the objectives of SDG 9 on Industry, Innovation and Infrastructure, which emphasize the role of emerging technologies in shaping resilient and secure infrastructures. Furthermore, it supports SDG 16 on Peace, Justice and Strong Institutions, as it fosters trust and privacy in digital ecosystems, ultimately contributing to the establishment of transparent, secure and sustainable digital environments.


Despite these strengths, several practical and technical limitations must be considered for broader adoption. IPFS performance remains highly dependent on network conditions and peer availability, which can introduce additional latency and reduce throughput in certain environments. Furthermore, the absence of built-in encryption requires users to integrate external cryptographic layers, adding complexity for organizations with limited technical capacity. Issues such as block distribution overhead, inconsistent content availability, and configuration demands also present notable challenges that need to be addressed before IPFS can be fully optimized for large-scale operational deployment.

Overall, the findings indicate that IPFS has substantial potential to support secure, privacy-preserving, and decentralized data-sharing ecosystems. With further development particularly through the integration of complementary technologies such as blockchain, zero-knowledge proofs, and advanced encryption frameworks IPFS can serve as a robust foundation for future digital infrastructures. Beyond the technical evaluation, this study provides implications for research, practice, and policy by highlighting opportunities for advancing decentralized security models, clarifying performance integrity trade-offs for enterprise-grade applications such as digital archiving and medical records, and emphasizing the need for updated regulatory frameworks to address governance, cryptographic accountability, and cross-jurisdictional data persistence in peer-to-peer environments.

6. DECLARATIONS

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6.2. Author Contributions

Conceptualization: MY and MM; Methodology: OF; Software: AR and OF; Validation: AL and MY; Formal Analysis: MM and AR; Investigation: OF; Resources: AL; Data Curation: MY; Writing Original Draft Preparation: AR and OF; Writing Review and Editing: MM, AL, and MY; Visualization: OF. All authors, AL, MM, and MY, have read and agreed to the published version of the manuscript.

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